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## ***Realistic Measures for Reduction of Indoor Asthma Triggers***

### **Essential Background Resources**

#### **EPA Indoor Environments Division**

(202) 343-9370 or (202) 233-9370

<http://www.epa.gov/asthma/index.html>

#### **National Alliance for Healthy Homes**

[http://www.afhh.org/hah/hah\\_health\\_issue.htm](http://www.afhh.org/hah/hah_health_issue.htm)

#### **The Chronic Care Model: A Collaborative Approach to Prevention and Treating Asthma in Infants and Young Children.**

Lois Wessel and Jacqueline Spain.

*Zero to Three*, January 2005, 20-27.

[http://www.clinicians.org/programsandservices/asthma/asthma\\_article.pdf](http://www.clinicians.org/programsandservices/asthma/asthma_article.pdf)

#### **Improving Chronic Illness Care**

<http://www.improvingchroniccare.org/>

#### **Clearing the Air: Asthma and Indoor Air Exposures.**

Committee on the Assessment of Asthma and Indoor Air, Division of Health Promotion and Disease Prevention, Institute of Medicine.

*National Academy of Sciences*

<http://www.nap.edu/openbook.php?isbn=0309064961>

#### **NHLBI's Guidelines for the Diagnosis and Management of Asthma**

<http://www.nhlbi.nih.gov/guidelines/asthma/index.htm>

#### **PDA version of NHLBI's Guidelines for the Diagnosis and Management of Asthma**

[http://hp2010.nhlbihin.net/as\\_palm.htm](http://hp2010.nhlbihin.net/as_palm.htm)

#### **Ethnic Disparities in the Burden and Treatment of Asthma.**

Mo Mayrides, Richard Levy, Deborah Kline, Jean Polatchek, and Anju Kanumalla

*The Asthma and Allergy Foundation of America and the National Pharmaceutical Council.*

<http://www.scribd.com/doc/7514016/Ethnic-Disparities-in-the-Burden-and-Treatment-of-Asthma>

## **Results of a Home-Based Environmental Intervention among Urban Children with Asthma.**

Wayne J. Morgan, Ellen F. Crain, Rebecca S. Gruchalla, et al.  
*New England Journal of Medicine*, September 2004, 351(11):1068-1080.  
<http://content.nejm.org/cgi/content/abstract/351/11/1068?ck=nck>

## **Educational Materials**

### **EPA Air Quality Publications and Resources**

Find Home Environment Checklist, Dusty the Goldfish Funbook, Asthma Brochures, Help Your Child Gain Control Over Asthma booklet, and Other asthma education materials  
(800) 490-9198 or (800) 738-4318  
<http://www.epa.gov/asthma/publications.html>

### **U.S. Department of Education**

Office for Civil Rights, Customer Service Team  
(800) 421-3481 or (202) 205-5413  
<http://www.ed.gov/about/offices/list/ocr/index.html>

### **American Academy of Allergy, Asthma and Immunology**

(800) 822-2762 or 800/822-ASTHMA  
[www.aaaai.org](http://www.aaaai.org)

### **American Association for Respiratory Care**

(972) 243-2272  
[www.aarc.org](http://www.aarc.org)

### **American College of Allergy, Asthma, and Immunology**

(800) 842-7777 or (847) 427-1200  
<http://www.acaai.org/>

### **American Legacy Foundation**

<http://www.americanlegacy.org/>

### **American Lung Association**

(800) LUNG-USA  
[www.lungusa.org/asthma](http://www.lungusa.org/asthma)

### **Allergy and Asthma Network/Mothers of Asthmatics**

(800) 878-4403  
[www.aanma.org](http://www.aanma.org)

### **Alliance for Healthy Homes**

[http://www.afhh.org/res/res\\_by\\_topic\\_asthma.htm](http://www.afhh.org/res/res_by_topic_asthma.htm)

### **Asthma and Allergy Foundation of America**

(800) 7-ASTHMA  
[www.aafa.org](http://www.aafa.org)

### **Healthy Kids: The Key to Basics**

Educational Planning for Students With Asthma and Other Chronic Health Conditions

(617) 965-9637

<http://www.healthy-kids.info/>

### **HomeMoisture.org**

Many articles and links to moisture and mold reduction

<http://www.homemoisture.org/>

### **National Alliance for Hispanic Health**

Asthma fact sheet in English and Spanish

<http://www.hispanichealth.org/factsheets/>

### **National Asthma Education and Prevention Program**

National Heart, Lung, and Blood Institute Information Center

(301) 251-1222

<http://www.nhlbi.nih.gov/about/naepp/>

### **National Awareness Campaign**

1-866-noattacks or 1-800-438-4318

[www.noattacks.org](http://www.noattacks.org)

### **National Environmental Education & Training Foundation**

<http://www.neetf.org/Health/asthma.htm>

"Environmental Management of Pediatric Asthma: Guidelines for Health Care Providers"

<http://rs6.net/tn.jsp?t=duyau7cab.0.0.vlyzwzn6.0&p=http%3A%2F%2Fwww.neefusa.org%2Fhealth%2F asthma%2F asthmaguidelines.htm&id=preview>

Also available in Spanish are the Pediatric Environmental History Forms

<http://rs6.net/tn.jsp?t=duyau7cab.0.0.vlyzwzn6.0&p=http%3A%2F%2Fwww.neefusa.org%2Fhealth%2FPEHI%2FHistoryForm.htm&id=preview>

Additional resources

<http://rs6.net/tn.jsp?t=duyau7cab.0.0.vlyzwzn6.0&p=http%3A%2F%2Fneefusa.org%2Fhealth%2F asthma%2Frecursos.htm&id=preview>

### **National Hispanic Indoor Air Quality Hotline**

Toll-free number for bilingual assistance on indoor air quality.

1-866-528-3187 or 1-800-725-8312

### **National Strategies for Health Care Providers**

Pesticides Initiative: to improve the recognition, management and prevention of health effects from pesticide poisonings and exposures

<http://www.neefusa.org/health/pesticides/index.htm>

### **Home Trigger Identification Picture**

<http://www.usyoga.org/html/yogasthma/images/graphics/triggers.jpg>

## **Su Familia**

1-866-Su-Familia

[SuFamilia@hispanichealth.org](mailto:SuFamilia@hispanichealth.org)

## **American Respiratory Alliance**

[www.healthylungs.org](http://www.healthylungs.org)

## **Literature**

### **Bibliography of Reviewed Literature on Asthma: CDC**

<http://www.cdc.gov/asthma/interventions/bibliography.htm>

### **Barriers to Effective Pediatric Asthma Care**

Martha K. Swartz; Nancy Canteo Banasiak; Mikki Meadows-Oliver

J Pediatr Health Care. 2005;19(2):71-79

### **Chronic Care for Low-Income Children with Asthma: Strategies for Improvement**

Mark W. Stanton, Denise Dougherty

<http://www.ahrq.gov/research/chasthria/chasthria.htm>

### **Impact of School Nurse Case Management on Asthma Control in School-Aged Children.**

Cynthia S. Perry, Kimberly A. Toole

Journal of School Health. September 2000.

## **Asthma and Health Literacy Literature**

### **Key Words in Plain Language: Asthma**

<http://www.hsph.harvard.edu/healthliteracy/asthma/asthma3.pdf>

### **Impact of Health Literacy on Longitudinal Asthma Outcomes**

CA Mancuso and M Rincon

Journal of General Internal Medicine, 21(8): 813-817, August 2006.

### **Tailored Education May Reduce Health Literacy Disparities in Asthma Self-Management**

Michael K. Paasche-Orlow, Kristin A. Riekert, Andrew Bilderback, et al.

American Journal of Respiratory and Critical Care Medicine. Vol 172. pp. 980-986 (2005).

### **Ask me three**

Learn about Health Literacy and its impact on your patients, community and constituents.

<http://www.npsf.org/askme3/>

National Network of Libraries of Medicine/Health Literacy

<http://nnlm.gov/outreach/consumer/hlthlit.html>

### **An Updated Overview of Medical and Public Health Literature Addressing Literacy Issues: An Annotated Bibliography of Articles Published in 2000**

[http://www.hsph.harvard.edu/healthliteracy/lit\\_2000.html](http://www.hsph.harvard.edu/healthliteracy/lit_2000.html)

## **Community Resources**

### **Asthma Coding, Billing, and Reimbursement**

This website provides various healthcare providers a general overview of information required to bill asthma education and treatment claims at the federal, state and local levels.

[www.naecb.org/cbr](http://www.naecb.org/cbr)

### **Boston Medical Family Advocacy Program**

The Family Advocacy Program (FAP) is a medical-legal collaborative designed to improve the health and welfare of low-income families with children.

<http://development.bmc.org/site/pp.asp?c=flLVJhP8H&b=131299>

### **Boston Medical Family Advocacy Code Card with Sample Letter**

[http://www.imapny.org/usr\\_doc/Advocacy\\_code\\_card\\_2006.pdf](http://www.imapny.org/usr_doc/Advocacy_code_card_2006.pdf)

### **CDC Indoor Air Quality By State**

The links on this page are to offices or programs identified by each state as dealing with indoor air-related health inquiries. Some of these links may be to general air quality programs.

[http://www.cdc.gov/nceh/airpollution/indoor\\_air.htm](http://www.cdc.gov/nceh/airpollution/indoor_air.htm)

### **The Center for Health and Health Care in Schools**

<http://www.healthinschools.org/sh/asthma.asp>

### **Coalition for Healthier Schools Position Statement 2005**

<http://www.healthyschools.org/>

### **Database of State Indoor Air Quality Laws**

The Environmental Law Institute, with support from the U.S. EPA's Indoor Environments Division, has developed a Database of State Indoor Air Quality Laws. Included in the database is a variety of state policies addressing indoor air quality generally, as well as laws that address specific topics such as mold or radon. ELI has compiled all of the state laws in this database into a chart,

<http://www2.eli.org/research/iaqdatabases.htm>

### **Legal Services Corporation**

"The mission of Legal Services Corporation is to promote equal access to the courts by making grants to provide high-quality civil legal assistance for those who would be otherwise unable to afford legal counsel." The website provides a map of LSC programs across the country.

<http://www.lsc.gov/>

### **American Respiratory Alliance**

[www.healthylungs.org](http://www.healthylungs.org)

## Online Education

### **American College of Preventive Medicine**

Various on-line sessions on environment and asthma

<http://www.acpm.org/education/environmentalhealth.htm>

### **"Controlling Asthma Triggers in the Home"**

Environmental Health Watch article (provided in packet)

[http://www.ehw.org/Asthma/ASTH\\_Control\\_Triggers.htm](http://www.ehw.org/Asthma/ASTH_Control_Triggers.htm)

### **"Creating a Medical Home for Asthma"**

This program was designed specifically to "meet a need for improved quality of care in publicly funded clinics treating children in low-income communities".

<http://www.ci.nyc.ny.us/html/doh/html/cmha/index.html>

### **"The Environmental Management of Asthma"**

American Academy of Allergy Asthma and Immunology's online education program

[http://www.aaaai.org/members/cme\\_ce/environmental\\_management](http://www.aaaai.org/members/cme_ce/environmental_management)

### **Healthy Indoor Air for America's Homes**

Asthma Instructional Module

<http://www.healthyindoorair.org/asthma.htm>

### **Online CME program on smoking cessation**

[http://www.chestnet.org/education/online/pccu/vol15/lessons13\\_14/lesson13.php](http://www.chestnet.org/education/online/pccu/vol15/lessons13_14/lesson13.php)

### **Pediatric Asthma Care Enrichment**

<http://cme.medscape.com/viewprogram/3613>

### **Treating Tobacco Use and Dependence**

<http://www.ahrq.gov/path/tobacco.htm>

### **American Respiratory Alliance**

[www.healthylungs.org](http://www.healthylungs.org)

## Suppliers of Asthma Control Products

### **American Allergy Supply**

[www.americanallergy.com](http://www.americanallergy.com)

1-800-321-1096 or 713-995-6110

### **Allergy Control Products**

[www.allergycontrol.com](http://www.allergycontrol.com)

1-800-422-3878

### **National Allergy Supply, Inc.**

[www.nationalallergysupply.com](http://www.nationalallergysupply.com)

1-800-522-1448