

US EPA ARCHIVE DOCUMENT

# Family and Individual Stress

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**Community Stress/ Psychosocial Hazards**

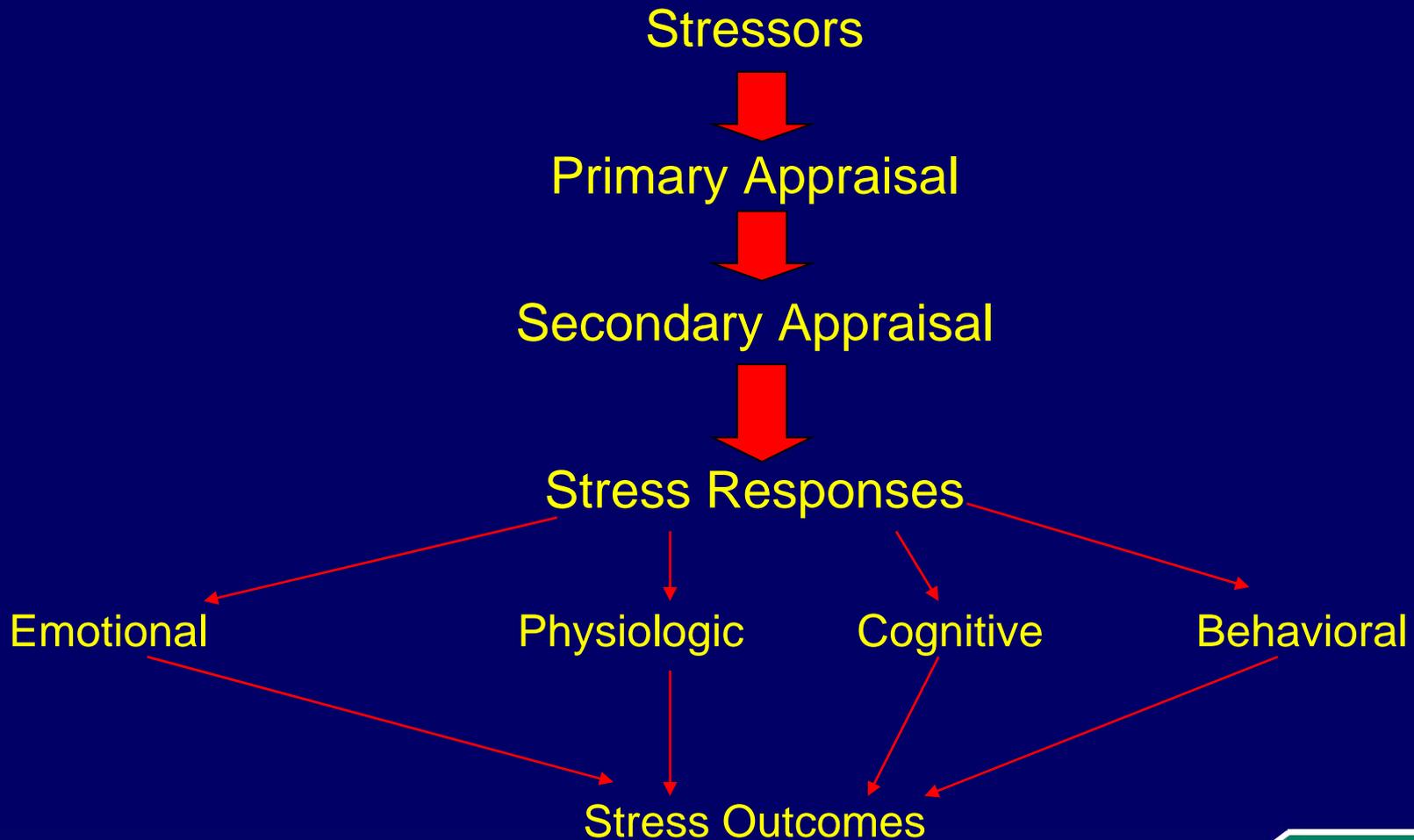
**March 18, 2010**

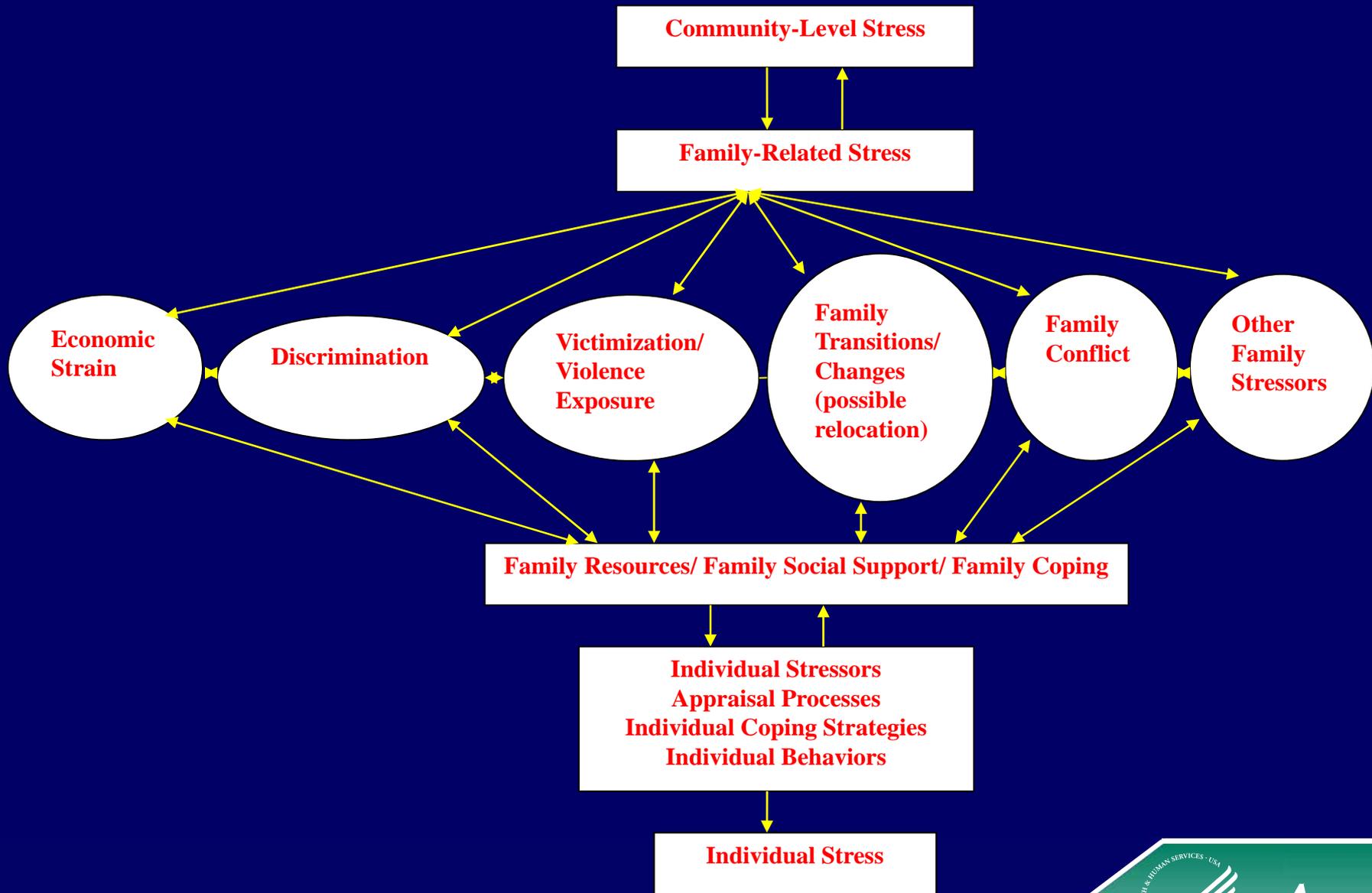
# Community Stress and Psychosocial Hazards Symposium

This presentation will provide an overview of stress and the various ways stress can affect individuals and families.



# Stress Process





# Individual Versus Family Coping

- **There are over 400 different instances of individual coping and disagreements on how to conceptualize coping approaches.**
- **The nature of individual coping is complex for a variety of reasons.**
- **Given the limitations of studying individual coping at Superfund sites, it would be more feasible to take a community-level approach to coping.**

