US ERA ARCHIVE DOCUMENT

Harmful Cyanobacteria and Algae Blooms: Human Dimensions

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Disclaimer

The findings and conclusions in this report are those of the author(s) and do not necessarily represent the official position of the Centers for Disease Control and Prevention/the Agency for Toxic Substances and Disease Registry.

Overview

- Harmful cyanobacteria and algae blooms (harmful blooms)
- Recent events

Human dimensions of HABs: Challenges and

opportunities



Caloosahatchee River, at Olga, FL 10-05 Richard Solveson

Harmful blooms: What are they?

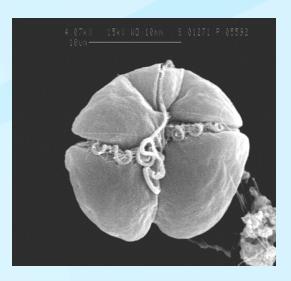
Organisms

- Macro algae
- Microscopic phytoplankton

Harms

- Production of toxins & other chemicals
- High biomass
- Oxygen deprivation
- Light deprivation





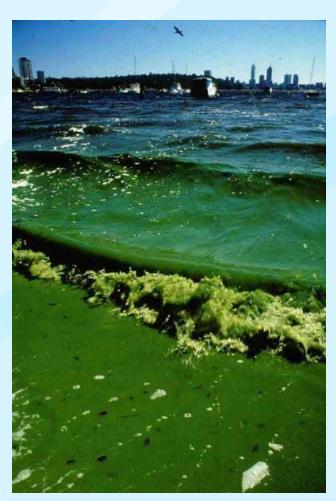
Karenia brevis, courtesy of Karen Steinberger

Harmful blooms: Where do they occur?

- Global distribution
- All aquatic environments



Florida red tide. Photo by Lorrie Backer



http://www.ozcoasts.gov.au/indicators/images/swan_bloom.jpg

Harmful blooms: What can they do?

Damage ecology

 Limit access to recreation, seafood, drinking water

Cause illness in animals and

people

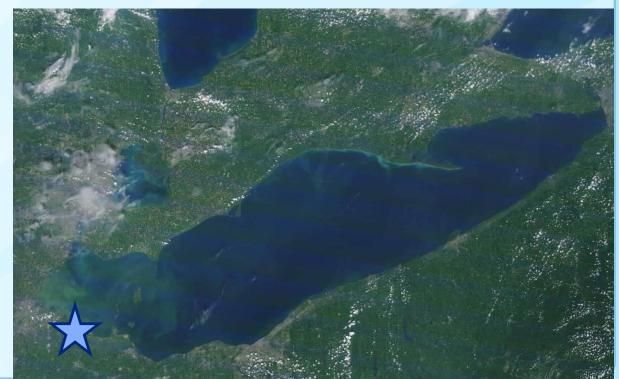


Photo courtesy of Allan Wilson



Recent events: Ohio

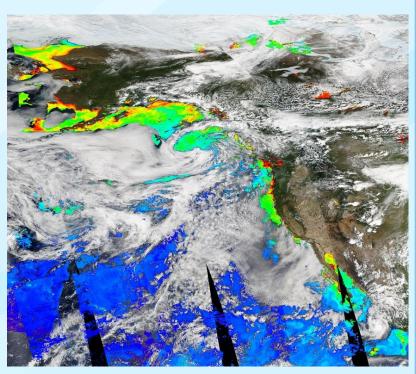
- August 2014 Microcystis bloom in Lake Erie
 - Near Toledo's water supply intake
 - Do Not Drink & Do Not Boil advisories for about 2 days
 - Increase in visits to emergency rooms for GI distress



Satellite photo: MODIS 8-13-14

Recent events: Pacific Northwest *Pseudo-nitzchia* bloom producing domoic acid

- Unprecedented extent
- California: advisories for recreational fishing and shellfish harvest
- Oregon: closed razor clam harvest
- Washington: closed
 Dungeness crab fishery
- Vancouver: closed fishery
- Aleutian chain: animal die-offs



Eastern Pacific Chlorophyll-A concentrations as measured by NASA's Terra and Aqua (MODIS) on June 15, 2015. Note: Chlorophyll-A does not necessarily mean HAB, it can indicate both HAB and Non-HAB. Image credit: NASA Aqua&Terra/MODIS. Acquired: June 15, 2015.

Human dimensions of harmful blooms

- What aspects of society can harmful blooms affect?
 - Socioeconomics
 - Public health
 - Recreational opportunities
 - Drinking water supplies
- How do we address these pressures?
 - Research
 - Risk communication
 - Education and outreach

Study: Blue-green algae a growing threat to drinking water supply

The lack of regulations or monitoring poses a risk to the health of animals and humans, researchers said. (Oregon)

By Stephen Feller | Aug. 13, 2015 at 11:37 AM



Bauer, M (ed). 2006. Harmful algal research and response: a human dimensions strategy.

Addressing the Human dimensions of blooms: what's needed?

- Effective risk communication strategies
- Assessment of community vulnerability
- Identification of susceptible populations
- Comprehensive assessment of environmental, sociocultural, and economic effects
- Development of effective decisionsupport tools
- Improved coordination among agencies and stakeholders
- One Health approach



Bauer, M (ed). 2006. Harmful algal research and response: a human dimensions strategy.

Challenge: We need accurate, clear risk communication

- Available harmful bloom information is not always accurate or up-to-date
- Uncertainty
 - There is much we don't know about why the organisms produce the toxins, when the toxins are produced, etc.
- Many gaps in understanding health outcomes

Opportunity: Develop communications tool kit

- Fact sheets
- FAQs
- Characteristics
 - Consistent messages across entities
 - Address needs of specific audiences

Physician Reference

Blue-green Algae Blooms When in doubt, it's best to stay out!

What are blue-green algae?

Cyanobacteria, sometimes called blue-green algae, are microscopic organisms that live in all types of water.

What is a blue-green algae bloom?

•Blue-green algae grow quickly, or bloom, when the water is warm, slow-moving, and full of nutrients.

What are some characteristics of blue-green algae blooms?

- •Algae usually bloom during the summer and fall. However, they can bloom anytime during the year.
- •When a bloom occurs, scum might form on the water's surface.
- •Blooms can be many different colors, from green or blue to red or brown.
- •As the bloom dies off, you might smell an odor that is similar to rotting plants.

What is a toxic bloom?

Sometimes, blue-green algae produce toxins.

•The toxins can be present in the algae or in the water.

Other important things to know:

- •Swallowing water that has algae or algal toxins in it can cause serious illness.
- •Dogs might have more severe symptoms than persons, including collapse and sudden death after swallowing the contaminated water while swimming or after licking algae from their fur.
- •There are no known antidotes to these toxins. Medical care is supportive.

You cannot tell if a bloom is toxic by looking at it.



To report a blue-green algae bloom or related health event:

Call your local or state health department

For more information: http://www.cdc.gov/hab/links.htm

Call the National Center for Environmental Health Harmful Algal Blooms Program (HABISS) Centers for Disease Control and Prevention: 866-556-0544

What we know about exposure to blue-green algae and cyanotoxins and possible health effects

Information about human health effects from exposure to blue-green algae and toxins is primarily derived from a few epidemiology studies of recreational exposures; studies with laboratory animals; reports of extreme human exposure events, such as the use of toxin-contaminated dialysis water; and from animal (e.g., cattle and pet dog) exposures. References are available at: http://www.cdc.gov/hab/links.htm

	Potential exposure route	Information source for possible symptoms and signs	Possible symptoms and signs	
	Swallowing water contaminated with blue-green algae (cyanobacteria) or toxins	Data from laboratory animal studies, extreme human exposure events, and animal exposures	Hepatotoxins and nephrotoxins Nausea, vomiting, diarrhea Bad taste in mouth Acute hepatitis, jaundice Blood in urine or dark urine Malaise, lethargic Headache, fever Loss of appetite	
٦y	sician Reference card (b	ack)	Neurotoxins Progression of muscle twitches For saxitoxin: high doses may lead to progressive muscle paralysis	
	Skin contact with water that is contaminated with blue-green algae or toxins	Data from human studies	Allergic dermatitis (including rash, itching and blisters) Conjunctivitis	
	Inhaling aerosols contaminated with blue-green algae or toxins	Anecdotal evidence from human exposures and data from human studies	Upper respiratory irritation (wheezing, coughing, chest tightness, shortness of breath)	

Veterinarian Reference

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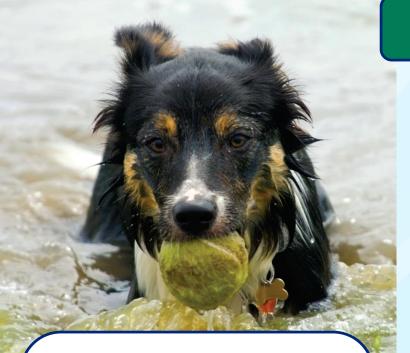
Sometimes, blue-green algae produce toxins, such as microcystins.

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For More Information:

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Exposure and Clinical Information

Information about the health effects from exposure to blue-green algae and toxins is derived from reports of animal poisonings.

		Potential exposure route	Likely Symptoms and signs	Time to symptom onset**	Differential diagnosis includes the following	Possible laboratory or other findings
		Swallowing water that is contaminated with blue-green algae (cyanobacteria) or toxins or licking it off fur or hair	Hepatotoxins and nephrotoxins Excess drooling, vomiting, diarrhea, foaming at mouth Jaundice, hepatomegaly Blood in urine or dark urine Malaise Stumbling Loss of appetite Photosensitization in recovering animals Abdominal tenderness	Minutes to hours	Acetaminophen or NSAID overdose, rodenticide ingestion, aflatoxicosis and other hepatotoxin poisonings	Prolonged clotting tine proteinuria researce of toxin in clinical specimens from stomach contents taken from animals that became ill
Vet	erir	arian Reference	Neurotoxins Progression of muscle twitches For saxitoxin, high doses may lead to respiratory paralysis and death if artificial ventilation is not provided. E card (back)	Minutes to hours	Pesticide poisoning, myasthenia gravis, other toxin poisoning	Presence of toxin in clinical specimens from stomach contents taken from animals that became ill
		Skin contact with water contaminated with blue-green algae or toxin(s)	Dermal toxins Rash, hives, allergic dermatitis	Minutes to hours	Other dermal allergens	Blue-green staining of fur or hair

Veterinarian Reference card (back)

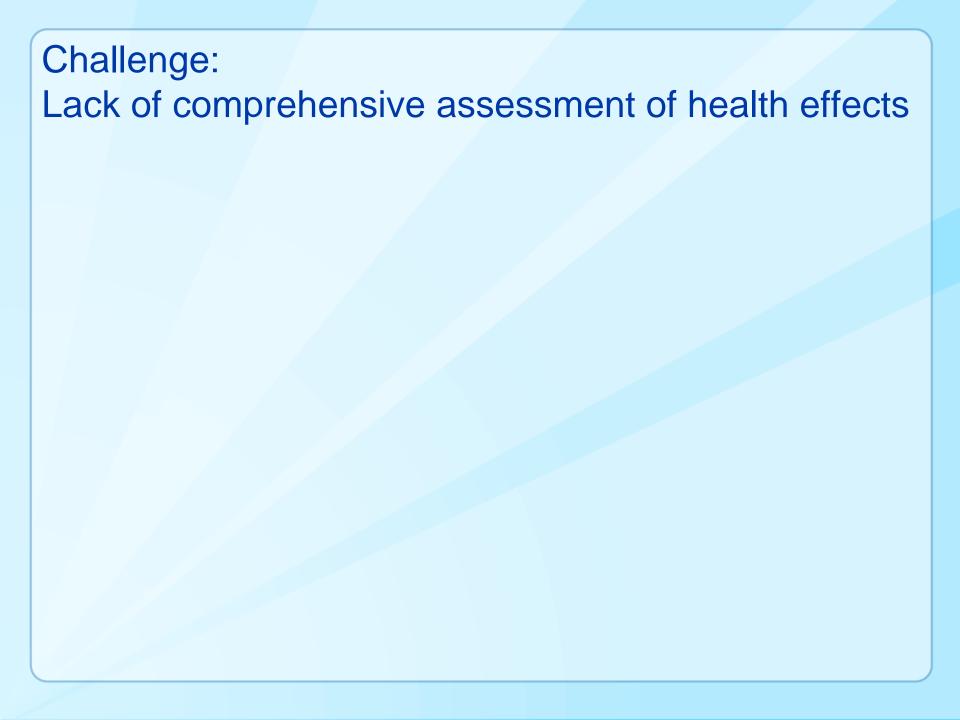
Challenge:

There is no comprehensive assessment of environmental, sociocultural, and economic effects from harmful blooms.

Opportunity: Assess community needs during a harmful bloom event using CASPER (Community Assessment for Public Health Emergency Response)

- Enables public health practitioners and emergency management officials to rapidly describe the health status and basic needs of the affected community.
- Uses valid statistical methods to gather information about health and basic needs
- Allows public health and emergency managers to prioritize their response and distribution of resources accurately.
- Can be used to assess preparedness and recovery
 Opportunities to contribute real-time
 environmental data and to create a historical

data base.



Opportunity: Collect new data using epidemiology studies

Human exposures to cyanobacteria blooms during recreational activities

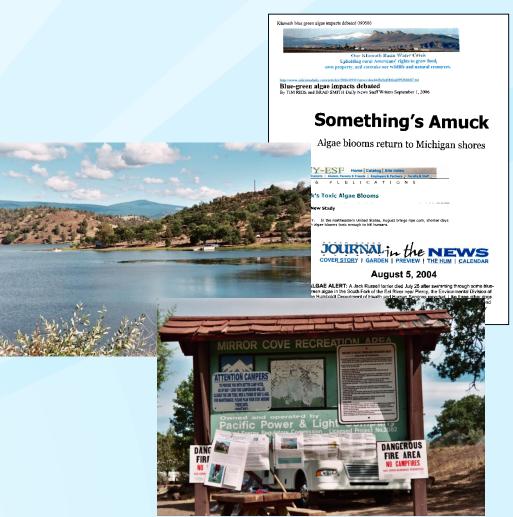
Study locations

Michigan—Bear Lake

California—Klamath River reservoirs

Exposure

- Microcystins in blood samples and nasal swabs
- Microcystins in air and water
- Health effects
 - Self-reported symptoms



Photos by Lorrie Backer

Collaborators

- National Center for Environmental Health, CDC
- National Center for Emerging Zoonotic and Infectious Diseases, CDC
- Mote Marine Laboratory
- Greenwater Laboratory
- Lovelace Respiratory Research Institute
- Wright State University
- Other Federal Agencies (NOAA)
- State and local public health agencies
- Officials or others at study site
- California Department of Health
- Siskiyou County
- Karuk Tribe
- Pacific Corporation



Photo by Lorrie Backer

Epidemiology Study Design

- Study population
 - Planning recreational activities in lake with a cyanobacteria bloom (exposed)
 - Planning recreational activities in lake with no cyanobacteria bloom (control)
- Compared data collected for exposed and control groups



Photos by Lorrie Backer

Environmental Data Collection

- Water samples
 - Viruses
 - Water quality
 - Algal taxonomy
 - Microcystins
- Ambient air samples
 - High-volume
 - Particle size
 - Mircocystins
- Personal air samples
 - Microcystins





Photos by Lorrie Backer

Health Data Collection

- Questionnaires
 - Pre-exposure
 - Post-exposure
 - Follow-up (7-10 days later)
- Post exposure plasma samples
 - Microcystins
- Nasal swabs
 - Microcystins



Photos by Lorrie Backer

Results

- Microcystins detected in lake water and air in both blooming lakes
- Microcystins not detected in blood samples
- No change in symptom reporting
- Microcystins detected on nasal swabs

Opportunities to:

- Enhance clinical knowledge
- Improve analytic methods
- Create new techniques
- Sustain collaborations



Backer et al., Harmful Algae, 2003;41:1-10 Backer et al., Marine Drugs, 2008; 6 ISSN 1660-3397



Photos by Lorrie Backer

Opportunity: Public health surveillance

What is public health surveillance?

The ongoing, systematic collection, analysis, and interpretation of outcome-specific data for use in the planning, implementation, and evaluation of public health practice.

....more later

Teutsch and Churchill, Principles and Practice of Public Health Surveillance. 2000. Oxford University Press

Challenge: Incomplete clinical understanding of HAB-related diseases

- Clinical diagnostic tests for algal toxin exposures
- Rapid and affordable water sampling tests for HABs and toxins
- Refined case definitions
- Increased awareness of HAB-related illnesses in the medical community
- Reporting tools to facilitate data collection and analysis

Opportunity: Animal sentinels

- Sea lions exposed to microcystins in Monterey Bay
- Birds exposed to surfactants in the Pacific Northwest
- Cattle deaths in Georgia from drinking water contaminated with microcystins
- ...and our pets...



Photo by Lorrie Backer

Review of canine cyanotoxin poisonings in the US: 1920s to 2012 from three data sources

- Harmful Algal Bloom-related Illness Surveillance System
- Veterinary Medical Teaching Hospital (VMTH) necropsy and biopsy case records, University of California, Davis
- Historical records from scientific publications, media, other electronically-available resources

Suspected or confirmed cases of canine cyanobacteria bloom-associated poisonings in the US

Number reported	HABISS 2007-2011	Media Search Late 1920s to 2012	VMTH 1984-2011
Number of events	55	115	44
Reported number of sick or dead dogs	63	260	45
Number (%) of cases where exposure biochemically confirmed	8 (13%)	20 (8%)	2 (4%)
Number (%) of cases published in the peer-reviewed literature	63 (100%)	62 (25%)	1 (2%)

Backer et al. Toxins 2013(5):1597-1628

Suspected or confirmed cases of canine cyanobacteria bloom-associated poisonings in the US

Number reported

Number of events

Reported number of sick or dead dogs

Number (%) of cases where exposure biochemically confirmed

Number (%) of cases published in the peer-reviewed literature

Opportunities to:

- Enhance disease surveillance if veterinarians report to a public health system
- Use monitoring data for exposure assessment
- Expand experimental analytic methods to clinical testing
- Share data for diagnosis, treatment
- Provide feedback for ecologic research and monitoring

Backer et al. Toxins 2013(5):1597-1628

Challenge: Defining the total costs of harmful blooms

- Societal costs
 - Loss of livelihood
 - Recreation
 - Medical
- Other economic costs
 - Routine monitoring
 - Preparedness
 - Response (increased monitoring, disposal)
 - Recovery

Opportunity: Conduct economic assessments Annual costs for cyanobacteria blooms in Australia

- Monitoring and testing
 - \$8.7 million
- Treatment
 - \$20,000 to \$50,000 for algicides
 - \$1 million to dispose of copper-contaminated water treatment sludge
- Prevention
 - Covering reservoirs
 - South Australia (3 storages): \$7.1 million
 - Environmental improvement
 - Urban sewage control: \$121 million
 - Waste water control: \$33 million
 - Rehabilitation of land and water: \$45 million

\$180 to \$240 million

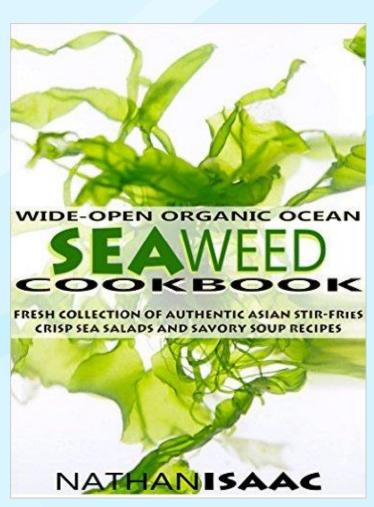
Opportunity:

When prevention fails--New technologies and

applications for algae

Utilize algal mass

- Biofuels
- Fertilizer
- Food
- Chemicals (cellulose, lipids, agar)



Source://www.amazon.com/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=wide+open+oganic+ocean+seaweed+cookbookhttp

Challenge: Need guidance for public health protection

Opportunity: Water exposure guidance

WHO: Guideline for lifetime drinking water exposure to microcystin-LR is 1 μg/L

US EPA: Guideline for 10-day drinking water exposure to microcystin-LR ≤ 0.3 µg/L for children under 6 and 1.6 µg/L for others State: Oregon (USA):
Public health advisory
for recreational use
based on visible scum
+ cell counts/toxin
present (e.g., 10 µg/L
Microcystin)

Opportunities to create consistent guidance for drinking water and recreational waters.

Opportunity: Guidelines for response

- Create response plans
 - Resource Guide for Public Health
 Response to Algal Blooms in Florida
 - http://myfwc.com/research/redtide/research/scient ific-products/resource-guide/
- Create best practices for data collection
 - SWAMP (Surface Water Ambient Monitoring Program) in CA
 - Quality Control and Sample Handling Guidelines
 - http://www.waterboards.ca.gov/water_issues/prog rams/swamp/mgo.shtml

TECHNICAL REPORTS

Resource Guide for Public Health Response to Harmful Algal Blooms in Florida

Based on Recommendations of the Florida Harmful Algal Bloom Task Force Public Health Technical Panel



Florida Fish and Wildlife Conservation Commission





FWRI Technical Report TR-14

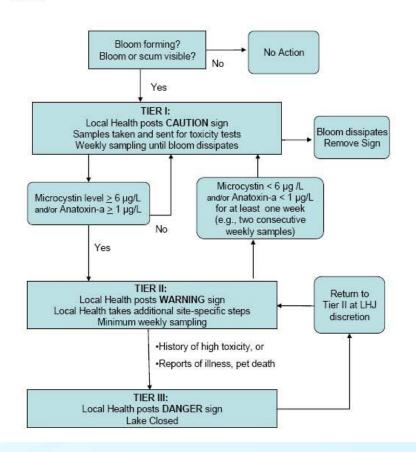
200



Opportunity: Guidelines for response

Washington State

Figure 1. Three-tiered approach to managing Washington water bodies with cyanobacterial blooms.



California

HEALTH ADVISORY



AVOID WATER CONTACT IN IRON GATE AND COPCO RESERVOIRS

Pollution has resulted in high levels of blue-green algae that can produce harmful toxins. This has resulted in violations of the State's water quality standards

- . Do not use this water for drinking or cooking
- Fish from these waters previously tested positive for an algal toxin.
 Limit or avoid consuming fish as the risk to human health is being evaluated by public health agencies
- . Do not consume fish innards, and wash fillets with drinking water

Children and pets are at greatest risk

For more information contact staff at:

North Coast Regional Water Quality Control Board

(707) 576-2220



Opportunities for:

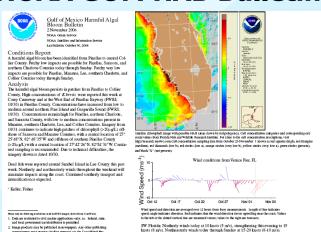
- Information sharing
- Consensus on guidance

Opportunity: HAB Forecast

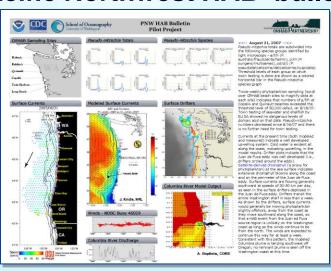
- Data
- Analysis
- Forecast

Opportunities to integrate data on environment, health

NOAA GOM HAB Bulletin



Pacific Northwest HAB bulletin

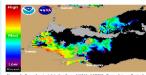


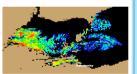
Microcystis Demonstration: Lake Erie summer 2015

(National Centers for Coastal **Ocean Science and Great Lakes Environmental Research** Laboratory)



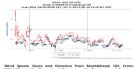
Experimental Lake Erie Harmful Algal Bloom Bulletin

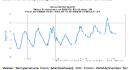












Opportunity: Expand HAB forecasting

- NCCOS is funding research in support of pilot regional HAB forecasts in the following areas
 - The Gulf of Maine (Alexandrium)
 - The Pacific Northwest (Pseudo-nitzscha) including Puget Sound (Alexandrium)
 - Southern California (Pseudo-nitzschia).
 - Data
 - Analysis
 - Forecast

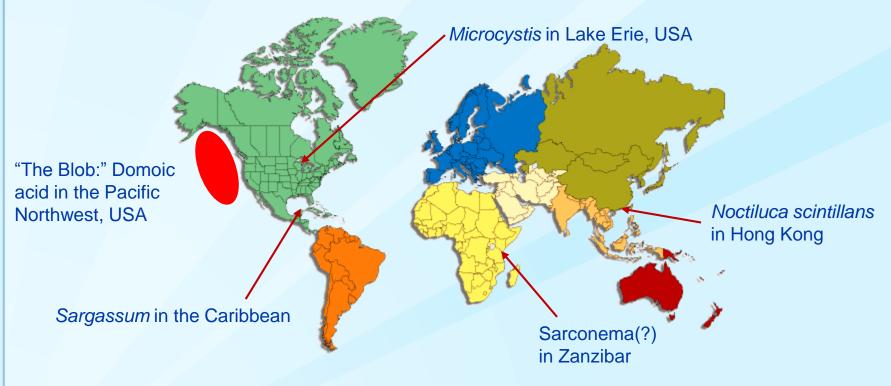
Opportunities to integrate data on environment, health.

- Expand globally?
- Integrate other sources of environmental data (e.g. local coastal sampling monitoring and response)

Challenge: Need improved communication and coordination among agencies and stakeholders to develop consistent messaging and response.

Opportunity: Events of summer 2015

A few examples...



Opportunity:

Extensive communication among agencies and stakeholders (Algae-L and others)

Opportunities

- Share knowledge
- Extend communication to coordination
- Build on HARRNESS (Harmful Algal Research & Response National Environmental Science Strategy)
 - Create global monitoring network
 - Create global access to resources for taxonomy, toxin analysis
 - Global Ciguatera Strategy (UNESCO)
 - Demonstrate need for toxin standards

Opportunity: This meeting!

- Important environmental issue with human dimensions components
 - One Health
 - Social well-being
 - Coastal community economies
- Need a multidisciplinary approach to identify, assess, and respond to mitigate "harm"
 - Strengthen existing and build new multidisciplinary partnerships

Current challenges = future opportunities

Thank you.

Contact information:

Lorraine C. Backer lfb9@cdc.gov 770-488-3426



Results

Parameter	Bear Lake, Minnesota		Klamath River, California	
	Unexposed N = 7	Exposed N = 97	Unexposed N = 7	Exposed N = 88
Microcystin in water (µg/L)	< LOD LOD = 0.15	3-5	< LOD	23 -357
Microcystins in air (ng/m³)	NA	< LOD – 0.14 LOD = 0.0037	NA	0.2 – 0.4
Microcystins in blood (µg/L)	<lod LOD = 0.147</lod 	< LOD	< LOD	< LOD
Microcystins on nasal swabs (ng)	NA	NA	NA	<lod -="" 1<br="">LOD=0.4</lod>
Symptoms	No change	No change	No change	No change

Opportunity Create consistent exposure guidelines

WHO

Relative probability of acute health effects	Cyanobacteria (cells/mL)	Microcystin- LR (μg/L)	Chlorophyll-a (µg/L)
Low	< 20,000	< 10	< 10
Moderate	20,000 — 100,000	10 - 20	10 - 50
High	100,000 — 10,000,000	20 – 2,000	50 – 5,000
Very high	> 10,000,000	> 2,000	> 5,000

Opportunity Create consistent exposure guidelines

- Federal (US EPA) Guidelines for microcystins and cylindrospermopsin in drinking water
 - Microcystins (µg/L in drinking water)
 - ≤ 0.3 for children under 6
 - 1.6 for older children and adults
 - Cylindrospermopsin (µg/L in drinking water)
 - 0.7 for children under 6
 - · 3.0 for older children and adults
 - Additional suggestion that vulnerable populations follow the guidance for young children

Opportunity Create consistent exposure guidelines

- State (Oregon, USA)
 - Issue public health advisory when one of the following conditions is observed:
 - Visible scum and cell count or toxicity
 - Toxigenic species >100,000 cells/ml
 - Microcystis or Planktothrix > 40,000 cells/mL
 - Toxin Testing Microcystin: 10μg/L Anatoxin-a: 20 μg/L Cylindrospermopsin: 6μg/L Saxitoxin: 100 μg/L