ENVIRONMENTAL MONITORING AND ASSESSMENT PROGRAM-
SURFACE WATERS:

FIELD OPERATIONS AND METHODS FOR MEASURING THE
ECOLOGICAL CONDITION OF WADEABLE STREAMS

Edited by

James M. Lazorchak¹, Donald J. Klemm¹, and David V. Peck²

¹ U.S. Environmental Protection Agency
   Ecosystems Research Branch
   Ecological Exposure Research Division
   National Exposure Research Laboratory
   Cincinnati, OH  45268

² U.S. Environmental Protection Agency
   Regional Ecology Branch
   Western Ecology Division
   National Health and Environmental Effects Research Laboratory
   Corvallis, OR  97333
This section describes procedures to collect a composite sediment sample from the sampling reach. The “biomorphs” (refer to Figure 2-1) collect sediment samples from each transect at the same time as periphyton samples (Section 8) and benthic macroinvertebrate samples (Section 11). At each stream, a composite “index” sample of sediment is prepared. A portion of this composite sample is used in the determination of sediment community metabolism. The remaining composite sample is prepared for use in toxicity testing, if necessary (see Section 1.3.8 and Section 10).

The method outlined here for determining sediment community metabolism is designed for headwater to mid-order streams, though it may be adapted for larger rivers or lakes. The method measures changes in dissolved oxygen (DO) concentrations of the overlying water within microcosms containing small amounts (ca. 10 mL) of sediments as a means of assessing benthic microbial community activity. Sediments are collected from depositional habitats along a study reach defined by 40 times the channel width. Following incubation, the DO is remeasured and the sediments are saved for ash-free dry mass (AFDM) analysis. Respiration rate, estimated as the change in DO concentration per hour within each microcosm, is adjusted for AFDM, yielding a measure of community respiration per gram of AFDM. Organic carbon turnover time can be calculated from the empirical relationship between the organic carbon content of the sediment (estimated as 0.5 × AFDM) and oxygen consumption.

### 9.1 SAMPLE COLLECTION

Table 9-1 describes the procedure for collecting the composite sediment sample. Collect sediment from depositional areas (e.g., pools, eddies, and backwaters) located at or

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1 U.S. EPA, National Exposure Research Laboratory, Ecological Exposure Research Division, 26 W. Martin Luther King Dr., Cincinnati, OH 45268.
### TABLE 9-1. SEDIMENT COLLECTION PROCEDURE

1. At cross-section transect “B”, locate a depositional habitat (a pool, eddy, or backwater).
   - If soft sediments are scarce, collect them wherever you can within the reach

2. Use a plastic scoop to collect a sample of surficial sediment (top 2 cm). Remove any visible organisms from the sediment. Place the sample in a plastic jar with volume graduations labeled “SEDIMENT SAMPLE”.
   - Approximately 3 L of sediment (~400 mL of sediment per transect) is required for both sediment metabolism and sediment toxicity. If a sediment toxicity sample is not required, 250 mL of sediment (~30 mL per transect) is sufficient.

3. Repeat Steps 1 through 2 for Transects “C” through “J”.

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near each of the nine interior cross-section transects ("B" through "J") within the sampling reach. If soft sediments are scarce, collect them from wherever you can within the sampling reach. At each sampling point, use a small plastic scoop to collect the top 2 cm (- 1 inch) of soft surface sediment. Combine sediments from different sampling points into a single jar or self-sealing plastic bag to prepare a single composite index sample for the stream reach. A composite sample volume of 250-mL is sufficient to prepare sediment metabolism samples. An additional 1 to 2 L of sediment is required for a sediment toxicity sample.

9.2 DETERMINING SEDIMENT RESPIRATION

The procedure to measure sediment respiration is presented in Table 9-2. A dissolved oxygen meter, equipped with a biological oxygen demand (BOD) probe and stirrer, is used for the determination of respiration rates. This may or may not be the same meter used to determine in situ dissolved oxygen concentration (Section 5). If a separate meter is used to measure sediment respiration, check the probe membrane and the meter’s batteries and electronics according to the instrument’s operating manual (see Sections 3 and 5, also). Calibrate the meter as directed in the instrument’s operating manual.

A small cooler filled with stream water is used as an incubation chamber. The initial dissolved oxygen concentration and temperature of the water in the cooler are measured and recorded on the Field Measurement Form as shown in Figure 9-1. This concentration is assumed to be the initial concentration of all subsamples. Five subsamples (10-mL ±1 mL) are prepared from the composite sediment sample. A set of completed sample labels for these subsamples is shown in Figure 9-2. A 10-mL subsample of water from the incubation cooler is used as a control for changes in ambient conditions during the incubation. The subsamples are incubated in the cooler for 2 hours. After the incubation, the final DO concentration of each tube is determined and recorded on the Field Measurement Form (Figure 9-1). The sediment in each tube is retained and stored frozen until it can be shipped to the laboratory (Section 3) to determine the AFDM.

9.3 EQUIPMENT AND SUPPLIES

Figure 9-3 is a checklist of equipment and supplies required to conduct sediment sampling and to determine sediment community respiration. This checklist is similar to the checklist presented in Appendix A, which is used at the base location (Section 3) to ensure
TABLE 9-2. PROCEDURE TO MEASURE SEDIMENT RESPIRATION

1. Inspect the probe of the dissolved oxygen meter for outward signs of fouling and for an intact membrane. Do not touch the electrodes inside the probe with any object. Always keep the probe moist by keeping it inside its calibration chamber. Check the batteries and electronic functions of the meter and stirrer unit as described in the meter's operating manual.

2. Calibrate the oxygen probe in water-saturated air as described in the operating manual. Allow at least 15 minutes for the probe to equilibrate before attempting to calibrate.
   - NOTE: Try to perform the calibration as close to stream temperature as possible (not air temperature) by using stream water to fill the calibration chamber prior to equilibration.
   - NOTE: For doing the elevation correction, the elevation of the sample site is provided on the site information sheet in the dossier for the site. Alternatively, obtain the elevation from a topographic map.

3. Prepare a set of five sediment metabolism sample labels. Note that each label will have a different sample ID number (barcode). Attach each completed label to a 50-mL screw-cap centrifuge tube.
   - NOTE: Avoid covering volume gradations on the tube with the label. Cover each label with a strip of clear tape.

4. Fill a small insulated cooler full with streamwater. Measure the dissolved oxygen and temperature of the water in the cooler. Record the values in the "IN\_INITIAL O\_2" and "IN\_INITIAL I\_NCUBATION T\_EMP." fields in the metabolism section of the Field Measurement Form.

5. Thoroughly mix the composite sediment sample. Use a small plastic spoon to transfer 10 mL of sediment from the five labeled tubes.

6. Fill each tube to the top (no head space) with stream water from the cooler and seal the tube. Fill a centrifuge tube labeled "BLANK" with stream water from the cooler and seal. This tube serves as a control for changes in ambient conditions during the incubation period.

7. Place the six tubes in a 1-L plastic beaker and place the beaker inside the cooler. Record the start time in the "INCUBATION TIME" area of the Field Measurement Form. Close the cooler and incubate the sediment samples for 2 hours.

(continued)
8. If necessary, re-calibrate the oxygen probe (i.e., the meter was turned off or you have moved to a different elevation during the incubation) before the end of the incubation period.

9. At the end of the incubation period, record the end time in the “INCUBATION TIME” area of the Field Measurement Form. Measure the DO in each tube, including the blank. Record the sample ID number of each tube and its measured DO concentration on the Field Measurement Form.

10. Decant the overlying water from each labeled tube, retaining the sediment. Tightly seal each tube and place in a portable freezer, a container with dry ice, or in a cooler with bags of ice as soon as possible. Keep the samples frozen until they can be shipped. Discard the water from the “BLANK” tube.

11. If the remaining composite sediment sample will not be used for a sediment toxicity sample, discard the sample and rinse the composite sample container thoroughly with stream water and/or deionized water.
Figure 9-1. Field Measurement Form (page 1), showing data for sediment metabolism samples.
Figure 9-2. Completed sample labels for sediment metabolism.

that all of the required equipment is brought to the stream. Use this checklist to ensure that equipment and supplies are organized and available at the stream site in order to conduct the activities efficiently.
### EQUIPMENT AND SUPPLIES FOR SEDIMENT METABOLISM

<table>
<thead>
<tr>
<th>QTY.</th>
<th>ITEM</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Small scoop sampler for sediments</td>
</tr>
<tr>
<td>1</td>
<td>Wide-mouthed plastic jar labeled “COMPOSITE SEDIMENT SAMPLE”. If sediment is only being collected for metabolism samples, a 250-mL jar is sufficient. If metabolism and toxicity samples are being prepared, use a 1-gallon jar</td>
</tr>
<tr>
<td>1</td>
<td>YSI Model 58 Dissolved Oxygen meter with Model 5730 Stirring BOD probe</td>
</tr>
<tr>
<td>1 set</td>
<td>Spare batteries for DO meter</td>
</tr>
<tr>
<td>1</td>
<td>Small plastic spoon or spatula to transfer sediment from the composite sample container to respiration tubes</td>
</tr>
<tr>
<td>5</td>
<td>50-mL, screw-top, centrifuge tubes</td>
</tr>
<tr>
<td>1</td>
<td>50-mL screw-cap centrifuge tube labeled “BLANK”</td>
</tr>
<tr>
<td>1</td>
<td>Small cooler used as incubation chamber</td>
</tr>
<tr>
<td>1</td>
<td>1,000-mL plastic beaker to holding centrifuge tubes during incubation</td>
</tr>
<tr>
<td>5</td>
<td>Sediment metabolism sample labels (each with different ID number)</td>
</tr>
<tr>
<td>1</td>
<td>Field Measurement Form</td>
</tr>
<tr>
<td></td>
<td>Soft (#2) lead pencils to fill in field data forms</td>
</tr>
<tr>
<td></td>
<td>Fine tip indelible markers for preparing labels</td>
</tr>
<tr>
<td>1 pkg</td>
<td>Clear tape strips for covering labels</td>
</tr>
<tr>
<td>1</td>
<td>Portable freezer, or cooler with bags of ice or dry ice to store sediment metabolism samples</td>
</tr>
<tr>
<td>1 copy</td>
<td>Field operations and methods manual</td>
</tr>
<tr>
<td>1 set</td>
<td>Laminated sheets of procedure tables and/or quick reference guides for sediment community metabolism</td>
</tr>
</tbody>
</table>

Figure 9-3. Checklist of equipment and supplies for sediment metabolism.