# ENVIRONMENTAL MONITORING AND ASSESSMENT PROGRAM-SURFACE WATERS:

# FIELD OPERATIONS AND METHODS FOR MEASURING THE ECOLOGICAL CONDITION OF WADEABLE STREAMS

# Edited by

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# SECTION 4 INITIAL SITE PROCEDURES

by Alan T. Herlihy<sup>1</sup>

When a field team first arrives at a stream site, they must first confirm they are at the correct site. Then they determine if the stream meets certain criteria for sampling and data collection activities to occur. They must decide whether the stream is unduly influenced by rain events which could affect the representativeness of field data and samples. Certain conditions at the time of the visit may warrant the collection of only a subset of field measurements and samples. Finally, if it is determined that the stream is to be sampled, the team lays out a defined reach of the stream within which all subsequent sampling and measurement activities are conducted.

#### **4.1 SITE VERIFICATION ACTIVITIES**

# 4.1.1 Locating the Index Site

Stream sampling points were chosen from the "blue line" stream network represented on 1:100,000- scale USGS maps, following a systematic randomized selection process developed for EMAP stream sampling. Sample sites were then marked with an "X" on finer-resolution 1:24,000-scale USGS maps. This spot is referred to as the "index site" or "X-site". The latitude/longitude of the X-site will be listed on a stream information sheet that is part of the dossier compiled for each stream (see Section 3).

Complete a verification form for each stream visited (regardless of whether you end up sampling it), following the procedures described in Table 4-1. While traveling from a base location to a site, record a detailed description of the route taken on page 1 of the Verification Form (Figure 4-1). This information will allow others to find the site again in the future. Upon reaching the X-site for a stream, confirm its location and that the team is

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#### TABLE 4-1. SITE VERIFICATION PROCEDURES

- 1. Find the stream location in the field corresponding to the "X" marked on a 7.5" topographic map (X-site) that is provided with the dossier for each site. Record the routes taken and other directions on the Verification Form so that someone can visit the same location in the future.
- 2. Use a GPS receiver to confirm the latitude and longitude at the X-site against the coordinates provided in the dossier for the site. Record these on the Verification Form.
- 3. Use all available means to insure that you are at the correct stream as marked on the map, including: 1:24,000 USGS map orienteering, topographic landmarks, county road maps, local contacts, etc.
- Scan the stream channel upstream and downstream from the X-site, and assign one of the following sampling status categories to the stream. Record the category on the Verification Form.

#### **Target Categories**

- A. Regular Wadeable Stream: The stream can be sampled with wadeable stream procedures.
- B. Regular-Not Wadeable Stream (river): The stream channel is too deep to be safely sampled by wadeable stream procedures.

If over half of the reach is unwadeable, classify the reach as unwadeable.

- If more than half of the reach appears to be wadeable (e.g., only a couple of deep pools), classify the reach as "Regular-Wadeable" and sample those portions of the reach that can be safely sampled.
- C. <u>Intermittent Stream</u>: The flow of water is not continual, but the channel is wet. Sample using modified procedures.
- D. <u>Dry Channel</u>: A discernible stream channel is present but there is no water at the site. Sample using modified procedures.
- E. <u>Altered Channel</u>: There is a stream at the location marked with the X-site on the map, but the stream channel does not appear the way it is drawn on the map. An example would be a channel rerouting following a flood event that cut off a loop of the stream.

Establish a new X-site at the same relative position in the altered channel. Make careful notes and sketches of the changes on the Verification Form.

#### **Non-target Categories**

- A. No Stream Channel (map error): No water body or stream channel is present at the coordinates provided for the
- B. <u>Impounded stream</u>: The stream is submerged under a lake or pond due to man-made or natural (e.g., beaver dam) impoundments.
  - If the impounded stream, however, is still wadeable, record the stream as Altered (Target category E) and sample the stream.
- C. Marsh/Wetland: There is standing water present, but no definable stream channel.
  - In cases of wetlands surrounding a stream channel, define the site as Target but restrict sampling to the stream channel

#### **Inaccessible Categories**

- A. <a href="Physical Barriers">Physical Barriers</a>: If you are physically unable to reach the X-site because of heavy wetlands, steep gorge or other barrier that prohibits safe entry.
- B. No Permission: You are denied access to the site by the landowners.
- 5. Do not sample "Non-target" or "Inaccessible" sites. Place an "X" in the appropriate box in the "Non-Sampleable" section of the Verification Form and provide an explanation in the comments section.

Reviewed by (initial):

VERIFICATION FORM - STREAMS/RIVERS						
				7 115 197 VI	SIT- ME1 □2	
SITE ID: MAIA 97 - 9 9 9						
STREAM/RIVER VERIFICATION INFORMATION						
OTHER (DESCRIBE HERE):				NOT VERIFIED (	EXPLAIN IN COMMENTS)	
COORDINATES	LATITUDE (dd mm ss) North	LONGITUDE (ddd m	m ss) West	TYPE OF GPS FIX	Are GPS Coordinates w/i 10 Sec. of map?	
Мар:	38°1025	_77°44	75	2D	X YES	
GPS:	38°10 26	<u>77°44</u>	78	<b>★</b> 3D	□ NO	
INDEX SITE STATUS - X ONE BOX FROM ONE SECTION ONLY						
SAMPLEABLE  REGULAR - WADEABLE  REGULAR - NOT WADEABLE  INTERMITTENT - DRY SPOTS ALONG REACH			NON-SAMPLEABLE (NO SAMPLE TAKEN)  NO CHANNEL OR WATERBODY PRESENT  IMPOUNDED (UNDERNEATH LAKE/POND)  WETLAND (NO DEFINABLE CHANNEL)			
DRY - NO WATER ANYWHERE ALONG REACH			NO ACCESS			
ALTERED - STREAM	·	Access Permission Denied				
OTHER (EXPLAIN IN	COMMENTS)	INACCESSIBLE (UNABLE TO REACH SITE)				
DIRECTIONS TO STREAM/RIVER SITE						
From Barnesville, go E on county road 996 to Smithtown Read (~5mi.).  Torn S onto Smithtown Rol. and go 0.6 mi to gravel road on left.  Turn onto gravel road and go 0.5 mi. to farmhouse on right side of road. Owner will unlock gate to drive to stream.						
read. Owner will unlock gate to drive to stream.						
GENERAL COMMENTS						

Figure 4-1. Verification Form (page 1).

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**VERIFICATION FORM - STREAMS/RIVERS - 1** 

at the correct stream. Use all available means to accomplish this, and record the information on page 1 of the Verification Form (Figure 4-1).

# 4.1.2 Determining the Sampling Status of a Stream

Not all chosen stream sites will turn out to be streams. On the basis of previous synoptic surveys, it was found that the maps are far from perfect representations of the stream network. A significant part of EMAP is the estimation of the actual extent of stream length in the area. After the stream and location of the X-site are confirmed, evaluate the stream reach surrounding the X-site and classify the stream into one of three major sampling status categories (Table 4-1). The primary distinction between "Non-target" and "Target" streams is based on the presence of a defined stream channel and its depth.

Record the site class and pertinent site verification information on the Verification Form (Figure 4-1). If the site is non-target or inaccessible, the site visit is completed, and no further sampling activities are conducted.

### 4.1.3 Sampling During or After Rain Events

Avoid sampling during high flow rainstorm events. For one, it is often unsafe to be in the water during such times. In addition, biological and chemical conditions during episodes are often quite different from those during baseflow. On the other hand, sampling cannot be restricted to only strict baseflow conditions. It would be next to impossible to define "strict baseflow" with any certainty at an unstudied site. Such a restriction would also greatly shorten the index period when sampling activities can be conducted. Thus, some compromise is necessary regarding whether to sample a given stream because of storm events. To a great extent, this decision is based on the judgment of the field team. Some guidelines to help make this decision are presented in Table 4-2. The major indicator of the influence of storm events will be the condition of the stream itself. If a field team decides a site is unduly influenced by a storm event, do not sample the site that day. Notify the field coordinator or other central contact person to reschedule the stream for another visit.

# 4.1.4 Site Photographs

Taking site photographs is an optional activity, but should be considered if the site has unusual natural or man-made features associated with it. If you do take any photographs at a stream, start the sequence with one photograph of an  $8.5 \times 11$  inch piece of

#### TABLE 4-2. GUIDELINES TO DETERMINE THE INFLUENCE OF RAIN EVENTS

- ! If it is running at bank full discharge or the water seems much more turbid than typical for the class of stream do not sample it that day.
- ! Do not sample if it is unsafe to wade in the majority of the stream reach.
- ! Keep an eye on the weather reports and rainfall patterns. Do not sample a stream during periods of prolonged heavy rains.
- ! If the stream seems to be close to normal summer flows, and does not seem to be unduly influenced by storm events, go ahead and sample it, even if it has recently rained or is raining.

paper with the stream ID and date printed in large letters. After the photo of the stream ID information, take at least two photographs at the X-site, one in the upstream direction and one downstream. Take any additional photos you find interesting after these first three pictures. For pictures of aquatic vertebrates (see Section 12) or other small objects, place the paper with the stream ID and date in each snapshot.

#### 4.2 LAYING OUT THE SAMPLING REACH

Unlike chemistry, which can be measured at a point, most of the biological and habitat structure measures require sampling a certain length of a stream to get a representative picture of the ecological community. Previous EMAP pilot studies have suggested that a length of 40 times the channel width is necessary to collect at least 90% of the fish species occurring in the stream reach. Thus, a support reach that is 40 channel widths long around the X-site is required to characterize the community and habitat associated with the sampling point. Establish the sampling reach about the X-site using the procedures described in Table 4-3. Scout the sampling reach to make sure it is clear of obstacles that would prohibit sampling and data collection activities. Record the channel width used to determine the reach length, and the sampling reach length upstream and downstream of the X-site (or the midpoint of the reach) on page 2 of the Verification Form as shown in Figure 4-2. Figure 4-3 illustrates the principal features of the established sampling reach, including the location of 11 cross-section transects used for physical habitat characterization (Section 7), and specific sampling points on each cross-section transect for later collection of periphyton samples (Section 8) and benthic macroinvertebrate samples (Section 11).

#### TABLE 4-3. LAYING OUT THE SAMPLING REACH

1. Use a surveyor's rod or tape measure to determine the wetted width of the channel at five places considered to be of "typical" width within approximately 5 channel widths upstream and downstream from the X-site. Average the five readings together and round to the nearest 1 m. If the average width is less than 4 m, use 150 m as a minimum sample reach length. Record this width on page 2 of the Verification Form.

For dry or intermittent channels, estimate the width based on the unvegetated width of the channel.

2. Check the condition of the stream upstream and downstream of the X-site by having one team member go upstream and one downstream. Each person proceeds until they can see the stream to a distance of 20 times the average channel width (equal to one-half the sampling reach length) determined in Step 1 from the X-site.

For example, if the reach length is determined to be 150 m, each person would proceed 75 m from the X-site to lay out the reach boundaries.

3. Determine if the reach needs to be adjusted about the X-site due to confluences with higher order streams (downstream), lower order streams (upstream), or lakes, reservoirs, or ponds.

If such a confluence is reached, note the distance and flag the confluence as the endpoint of the reach. Move the other endpoint of the reach an equivalent distance away from the X-site.

NOTE: Do not slide the reach to avoid man-made obstacles such as bridges, culverts, rip-rap, or channelization.

- 4. Starting back at the X-site (or the new midpoint of the reach if it had to be adjusted as described in Step 3), measure a distance of 20 channel widths down the middle of the stream using a tape measure. Be careful not to "cut corners". Enter the channel to make measurements only when necessary to avoid disturbing the stream channel prior to sampling activities. This endpoint is the downstream end of the reach, and is flagged as transect "A".
- 5. Using the tape measure, measure 1/10 (4 channel widths in big streams or 15 m in small streams) of the required stream length upstream from the start point (transect A). Flag this spot as the next cross-section or transect (transect B). For transect B, roll the dice to determine if it is a left (L), center (C), or right (R) sampling point for collecting periphyton and benthic macroinvertebrate samples. A roll of 1 or 2 indicates L, 3 or 4 indicates C, and 5 or 6 indicates R (or use a digital wristwatch and glance at the last digit (1-3=L, 4-6=C, 7-9=R). Mark L, C, or R on the transect flagging.
- 6. Proceed upstream with the tape measure and flag the positions of 9 additional transects (labeled "C" through "J" as you move upstream) at intervals equal to 1/10 of the reach length. Assign sampling spots to each transect in order as L, C, R after the first random selection.

For example, if the sampling spot assigned to transect "B" was C, transect "C" is assigned R, transect "D" is L, transect "E" is C, etc.

Reviewed by (initial): **VERIFICATION FORM - STREAMS/RIVERS (continued)** SITE NAME: DATE: 7 //5/97 VISIT: 101 □2 SITE ID: MAIA97-999 TEAM ID (X): 521 □2 □3 □4 □5 □6 □7 □8 STREAM/RIVER REACH DETERMINATION CHANNEL WIDTH USED TO DEFINE DISTANCE (M) FROM X-SITE REACH (M) (XX): COMMENT UPSTREAM LENGTH DOWNSTREAM LENGTH 3 75

Figure 4-2. Verification Form (page 2).

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VERIFICATION FORM - STREAMS/RIVERS - 2

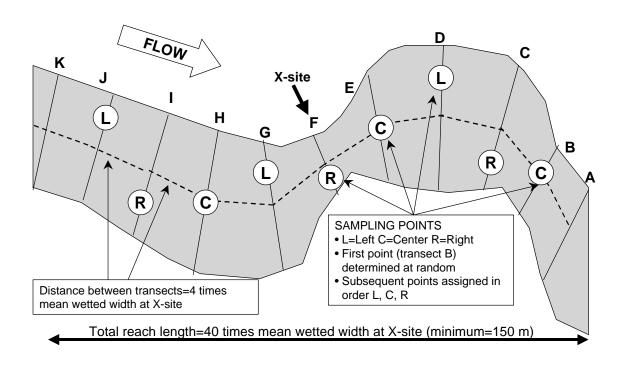


Figure 4-3. Sampling reach features.

There are some conditions that may require adjusting the reach about the X-site (i.e., the X-site no longer is located at the midpoint of the reach) to avoid features we do not wish to sample across. Do not proceed upstream into a lower order stream or downstream into a higher order stream when laying out the stream reach (order is based on 1:100,000 scale maps). If such a confluence is reached, note the distance and flag the confluence as the endpoint of the reach. Make up for the loss of reach length by moving ("sliding") the other end of the reach an equivalent distance away from the X-site. Similarly, if you run into a lake, reservoir, or pond while laying out the reach, stop, flag the lake/stream confluence as the reach end, and make up for the loss of reach length by moving the other end of the reach an equivalent distance from the X-site. Do not "slide" the reach so that the X-site falls outside of the reach boundaries. Also, do not "slide" a reach to avoid man-made obstacles

such as bridges, culverts, rip-rap, or channelization. These represent features and effects that EMAP is attempting to study.

Before leaving the stream, complete a rough sketch map of the stream reach you sampled on the page 2 of the Verification Form (Figure 4-2). In addition to any other interesting features that should be marked on the map, note any landmarks/directions that can be used to find the X-site for future visits.

#### 4.3 MODIFIED PROCEDURES FOR DRY AND INTERMITTENT STREAMS

The full complement of field data and samples cannot be collected from streams that are categorized as "Dry Channel" or "Intermittent" (Table 4-1). Physical habitat information (Section 7) is collected in all streams. Intermittent streams will have some cross-sections with biological measurements and some with none. Totally dry channels will have no biological sampling. Modified procedures for dry and intermittent streams are presented in Table 4-4.

Samples and measurements for water chemistry (Section 5) should be collected at the X-site (even if the reach has been adjusted by "sliding" it). If the X-site is dry, the sample and chemical measurements are taken from a location having water with a surface area greater than 1 m² and a depth greater than 10 cm.

All data for the physical habitat indicator (Section 7) are collected from all streams, regardless of the amount of water present in the channel or at the transects. Depth measurements along the deepest part of the channel (the "thalweg") are obtained along the entire sampling reach for ALL target streams, whether they are dry, intermittent, or completely flowing. The thalweg profile provides a record of the "water" status of the stream for future comparisons (e.g., the percent of length with intermittent pools or no water). Other measurements associated with characterizing riparian condition, substrate type, etc. are useful to help infer conditions in the stream when water is flowing.

# 4.4 EQUIPMENT AND SUPPLIES

A list of the equipment and supplies required to conduct the stream verification and to lay out the sampling reach is presented in Figure 4-4. This checklist is similar to the checklist presented in Appendix A, which is used at the base location (Section 3) to ensure that all of

#### TABLE 4-4. MODIFICATIONS FOR DRY CHANNELS AND INTERMITTENT STREAMS

# **Water Chemistry**

- ! If the X-site is dry but there is flowing water or a pool of water having a surface area greater than 1 m² and a depth greater than 10 cm somewhere along the defined sampling reach, take the water sample and water chemistry measurements at the pool or flowing water location that is nearest to the X-site. Note that the sample wasn't collected at the X-site and where on the reach the sample was collected on the field data form.
- ! Do not collect a water sample if there is no acceptable location within the sampling reach. Record a "K" flag for the chemistry sample on the sample collection form and explain why the sample was not collected in the comments section of the form.

# Physical Habitat Characterization, Periphyton, Sediment Metabolism, and Benthic Macroinvertebrates

- ! Obtain a complete thalweg profile for the entire reach, even if the channel is completely dry. At points where channel is dry, record depth as 0 cm and wetted width as 0 m.
- ! At each of the transects (cross sections), classify the stream as:

DRY CHANNEL: No surface water anywhere in cross section;

Collect all physical habitat data. Use the unvegetated area of the channel to determine the channel width and the subsequent location of substrate sampling points. Record the wetted width as 0 m. Record substrate data at the sampling points located in the unvegetated, but dry, channel.

DAMP CHANNEL: Wet spots in cross section but NO flowing water or pools > 10 cm deep:

Collect all physical habitat data.

Collect periphyton samples from the wet spots. These are great environments for algae.

Collect sediments for metabolism if there are enough fine wet sediments available. Do not collect a benthic macroinvertebrate sample.

ENDURING POOLS: No flowing water but pools > 10 cm deep;

Collect all data and measurements for physical habitat, periphyton, sediment metabolism, and benthic macroinvertebrate indicators, using standard procedures.

FLOWING WATER: Flowing water in cross section

Collect all data and measurements for physical habitat, periphyton, sediment metabolism, and benthic macroinvertebrate indicators, using standard procedures.

# **Aquatic Vertebrates**

- Do not sample if the entire reach is dry.
- ! In intermittent streams (including those having damp channels and/or enduring pools), sample any wet areas within the sampling reach that are potential habitat for aquatic vertebrates. Do not sample downstream of Transect "A" or upstream of Transect "K", even if there appears to be good habitat present.

# **EQUIPMENT AND SUPPLIES FOR INITIAL SITE ACTIVITIES**

QTY.	Item		
1	Dossier of site and access information		
1	Topographic map with "X-site" marked		
1	Site information sheet with map coordinates and elevation of X-site		
1	GPS receiver and operating manual		
	Extra batteries for GPS receiver		
1	Verification Form		
	Soft lead (#2) pencils		
1	Surveyor's telescoping leveling rod		
1	50-m fiberglass measuring tape with reel		
2 rolls	Surveyor's flagging tape (2 colors)		
	Fine-tipped indelible markers to write on flagging		
1	Waterproof camera and film		
1 сору	Field operations and methods manual		
1 set	Laminated sheets of procedure tables and/or quick reference guides for initial site activities		

Figure 4-4. Equipment and supplies checklist for initial site activities.

the required equipment is brought to the stream. Use this checklist to ensure that equipment and supplies are organized and available at the stream site in order to conduct the activities efficiently.