

US EPA ARCHIVE DOCUMENT

Athyrium filix-femina

Lady Fern



One of the easiest ferns to grow. Adapted to a variety of habitats but grows best in moist shady sites. If grown in sun, needs steady moisture. Young fronds are yellow-green, older fronds are darker, with a brownish cast. May spread readily.

Suggested companions: spicebush (*Lindera benzoin*), pagoda dogwood (*Cornus alternifolia*), foamflower (*Tiarella cordifolia*), Christmas fern (*Polystichum acrostichoides*), baneberry (*Actaea pachypoda* or *Actaea rubra*).

Photo Credit: Wisconsin State Herbarium, by Kenneth J. Sytsma

Plant Type: Fern

Size: 1-2' H
 W

Water Tolerant: No

Habitat:

Forested Upland
Woodland Margin

Soil: Average Garden Soil
Rich Moist
Very Damp/Wet

Exposure: filtered
shade

Flower Color:

Bloom Time:

Plant in: Fall

Groundcover: Yes

Other Attributes:
Deer resistant